

## The FFI Vision

- A rebirth of rural communities led by schools, young people and their communities to promote healthy living.
- Children get a healthy start from birth and come to school ready to learn.
- An economically vibrant and growing regional food system.
- Opportunities for people of all ages to walk, bike and enjoy nature and small towns.
- A culture of health and well-being created by the collaboration and leadership of Northeast Iowans of every income, age, ethnicity, race, education and walk of life.

## History of Impact

- Local food sales have increased.
- School districts in the region are focused on school wellness.
- Children are walking or biking to school in greater numbers.
- Local school gardens are providing food for school meal programs.
- New jobs have been created.



### Contact us:

Call: 563-382-2949  
Email: mansan01@luther.edu  
Visit: [www.iowafoodandfitness.org](http://www.iowafoodandfitness.org)  
ISU Extension and Outreach - Region 4  
325 Washington Street, Suite B  
Decorah, IA 52101

## ALLAMAKEE COUNTY Community Foundation

An Affiliate of the Community Foundation of Greater Dubuque

### ACCF Contact:

Betty Steege | Foundation Coordinator  
Call: 563-586-2046  
Email: [steepbo@acegroup.cc](mailto:steepbo@acegroup.cc)



Confirmed in Compliance with  
National Standards for U.S. Community Foundations



## Northeast Iowa Food and Fitness Initiative Endowment



## How does my gift help?

Your gift to the Northeast Iowa Food and Fitness Initiative Endowment is invested and grows forever to support the mission of the Northeast Iowa Food and Fitness Initiative (FFI).

## How is my fund directed?

The leaders of FFI use annual endowment distributions to start signature projects, cushion economic challenges, and advance their work in a strong way in the community.

## How do endowments work?

Endowments are invested by our professional wealth managers in a diversified portfolio. Endowments pay out up to 5% annually. The remainder is reinvested to ensure that funds exist into perpetuity.



## How do I make a gift?

We welcome gifts at any time and accept cash as well as stocks, bonds, IRAs, and gifts of grain or livestock.

Donors may name and honor or remember friends and family through their gifts or name the endowment in their will to create a legacy that will forever benefit the community.

## What is Endow Iowa?

Endow Iowa is a 25% state tax credit for gifts to endowed funds. Upon receipt of your gift to the Northeast Iowa Food and Fitness Initiative Endowment, you will receive a voucher that can be used the same as cash to pay your state tax. Gifts up to \$1.2 million per individual or \$2.4 million per couple are eligible for Endow Iowa each year.

## Additional donor benefits:

- Charitable giving tax deduction.
- The knowledge you are doing good in your community—forever.
- Efficient, personalized, and effective philanthropic services.

## Give to this fund

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City/State/Zip

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

Amount of Gift: \_\_\_\_\_

The gift is in honor/memory of:  
\_\_\_\_\_

I would like to meet with someone about starting a personal endowment

## Send your gift to:

Northeast Iowa Food and Fitness Initiative Endowment  
700 Locust Street, Suite 195  
Dubuque, Iowa 52001

Please make checks payable to:  
CFGD/FFI

## Questions:

Call: 563-588-2700

Email: [mj@dbqfoundation.org](mailto:mj@dbqfoundation.org)