



School Work Group Meeting
January 11, 2010
Teleconference

Present: Lynette Anderson, Cathy Molumby, Ann Mansfield, Cindy Baumgartner, Sue Burrack, Vanette Grover

Old Business & Reports

Overview:

Focus of School Work Group in Yr. 1

Youth/Adult partners in school – coordinate two days in late winter/early spring for workshops (Feb. 10 and date in March) which will include the Regional Youth Group (2 from each of the 16 school) and Regional School Group members (2 from each school) meet together

Building capacity in School Wellness Committee – “Repurpose” or “recreate” or “re-focus” or “re-orient” to incorporate FFI – include youth team, regional school work group members, pilot safe routes to schools and farm-to-school schools, and incorporate Healthy Kids Act, Iowa Core Curriculum

School Work Group Budget

Meetings/Conferences for yr. 1 - \$15,000

Draft budget of Regional Youth & School Work Group Workshop:

- + Involves 65 people
- + Food - \$10 per person for \$650
- + Facility – no charge
- + Stipends - \$100/adult = \$3,300
- + Supplies, copies - \$300
- + Total = \$4,250 per day

Rosters for Regional Youth Group and for Regional School Work Group

List of School/People involved in Regional School Work Group

List of Youth Coaches and schools with youth teams

Pilot schools for Farm-to-School and Safe Routes to Schools

Any additions?

Agenda for Feb. 10 Workshop:

Overview of School Work Group and Youth Group Strategies for Year One

Resources needed for schools and for youth

Last hour of day, work time for groups to plan what will happen in their schools

Upcoming Meetings and Dates to Remember:

Farm-to-School Pilot School Meetings –

Farm-to-School Cross Age Teaching Training – Wednesday Jan. 13 or Thursday Jan. 14 (Postville, Oelwein, Starmont, Turkey Valley, Howard-Winn., Decorah

Food Service Director’s Meeting – Friday, Jan. 15

ServSafe Training – Wednesday, Jan. 27

Safe Food Training – Feb. 18

> Farm to School Teacher Training – Feb. 25

Safe Routes to School Meetings-

Tuesday, February 2 at Luther College

Regional School Group and Youth Leadership Team

> Wednesday, Feb. 10 at NICC from 8:30 a.m.-2:30 p.m. – Rooms 115 and 111

Summary of Discussion

Review of Roles in FFI:

* Youth Work Group - Lynette will be coordinating the new Regional Youth Leadership Team. Vanette Grover - 4-H program specialist, coordinate grant agreement processes, Americorps, consultant to youth engagement for FFI

* Youth & School Group meeting together - working closely in implementation.

* Future communications and work - want to align and integrate

Regional School Work Group

Youth Teams in H. S. and Regional Youth Leadership Team

6 Pilots for Farm to School

6 Pilots for Safe Routes to School

* This group - help everyone understand everyone's role

* Cindy Baumgartner - will serve as a resource to Farm to School and School Work Group

* Cathy Molumby - Superintendent and passion for this work

* Ann Mansfield - working to support connections and alignment

* Food Service Workshop this Friday - Jan. 15th

Food Procurement - Identified need for information/guide to Food Service Directors. Created a 20 minute Q&A session for upcoming workshop. Questionnaire distributed by Johnice Cross will be helpful.

Focus of School Work Group in Yr. 1:

* Youth - Adult partnerships in Schools

* School Wellness Committee - building capacity, re-purpose/re-create, school wellness committee focused on nutrition and physical activity, incorporate Healthy Kids Act, and Iowa Core Curriculum (Reading, Math, Science & 21st Century Skills including Health Literacy).

School Work Group - broad cross-section of people; Admin, faculty, staff.

* Feedback - desire to have communication back to all of the schools.

* School Wellness Committee - logical place for the FFI communication

* Communication Vehicle - written piece to go back? Not decided yet. Challenge; information to 1-2 people, it's hard to get it back and disseminate.

* School Wellness Committee - can be the connector in our schools.

* Grant proposal process - will update this group

* From School's perspective - from a traditional admin. viewpoint...along with "Race to the Top", the wellness committee will have even more challenge to keep wellness at the forefront of the discussions. Needs to be perceived as a component, not as an add-on. FFI School Youth teams - one part can be to connect to the School Wellness Committee. "Race to the Top" (student performance measures)- federal grant of which 10 states will receive. Iowa is moving aggressively towards getting this funding. The time frame is very rushed. It's occupying the Supt.'s thinking along with the budgets right now. By Wed. Jan. 13th schools need to commit to participate in this -- to the State of Iowa Dept. of Ed. For each district (size of Valley's) - possibly \$17,000/yr. for 4 years. This is supposedly the reflection of what will be in place after the No Child Left Behind. Iowa - local control has been the way of doing business. It's political for the Governor to deny the opportunity. By participating now, you can possibly be in a situation to influence the eventual legislation. There are several rounds... described as "Iowa Core Curriculum" on steroids. It's a bit overwhelming right now with all of the other pressing issues...budget, Healthy Kids Act, Iowa Core Curriculum (6 outcomes for implementation plan). Challenge - 21st Century - Health Literacy - how does this improve academic achievement? Little solid correlation. Child Nutrition Reauthorization - will need more funds for this. Cindy - school lunch program committee - \$1.30 - \$2.20. Free & reduced

prices are subsidizing the other lunches. Valley - mid-year increase for lunches. This is a big issue across the region for schools - lunch prices need to go up to accommodate healthier food. Valley - active community coalition & SODA (sub. abuse & prevention) - trying to expand the umbrella to include healthy behaviors. Working with community based initiative to broaden their scope of healthy behaviors.

* How can the county teams become the "community coalition"? Could there be more incentives to be healthy (insurance plans, etc.) School staff - how could they be integrated to be a part of creating the healthy environment?

* Budget for Workshop -

Stipends - remove barriers for substitutes, mileages

Rosters - Reg. School Group, Youth Regional Team - 65 people

NICC - 8:30 - 2:30 a.m. - Separate Youth and Reg. Work Group in the morning with work time together in afternoon.

* Federal Funding - may need to use processes around community capitals - Will be trained in processes and this regional meeting may serve as the first opportunity to use the new skills.

Workshop Topics

* Re focus/ Re purpose of School Wellness committee

* Review of WKKF CAP

* Youth will need 2 hrs. of training - core training for Implementation

* School Work Group - request more time with "like" groups; start this conversation so this group become the leaders for such an idea. Examples: Food Service workshops, etc. It would also be nice for them to have conversations how they go back and implement. Give them more confidence and see a support group developing. For this workshop, time as larger group and time in smaller "like" groups.

* Healthy Kids Act

* Iowa Core Curriculum - Health Literacy

* Choose from several options -

* Round Table for structured discussion in small groups; "beginner" for youth coaches, several rounds

* How do we keep this doable within the time staff/faculty have?

* How do we streamline communication? There is communication congestion!! Possibly review website and everything that is there...

Submitted by: Ann Mansfield