



Dear SRTS pilot school teams,

January 14, 2010

You are cordially invited to a technical assistance workshop sponsored by the FFI Active Living Team on February 2<sup>nd</sup> 2010 at Baker Commons, Luther Campus, Decorah. The purpose of this workshop is to provide information and tools to aid your SRTS team in developing a plan for your community. The following people will be presenting at this workshop:

Kathy Ridnour, Iowa DOT, SRTS Coordinator  
Molly Gable, Iowa Bicycle Coalition, 5 E's for SRTS planning  
Greg Welk, ISUE, Active Living Research  
Chris Seeger, ISUE, Community Mapping  
Chris Albrecht, CTRE, Transportation Specialist  
Tim Lane, Iowa Dept. of Public Health

The workshop will run from 9:00am – 2:30 pm. The presentations will take up the morning session. The afternoon will be designed for each SRTS pilot team to work one on one with the technical assistance team and/or in small groups.

We are asking each SRTS pilot team have 1-2 school reps., 1-2 city reps., and 1-2 youth members from their team attend this workshop. Food & Fitness will cover mileage for one vehicle from each team. Any stipends needed to cover other costs can be taken from the mini-grants that each SRTS team will receive. Lunch will be provided.

We ask that each pilot team register on line through our web site, [www.iowafoodandfitness.org](http://www.iowafoodandfitness.org) , go to the Schools tab, click on Safe Routes to School pilots, and look toward the beginning of this page. Please register by Jan. 29<sup>th</sup> 2010 so we can get an accurate count for meals.

We hope you will take advantage of this opportunity to work with our technical assistance team to help make your school and community a better place to bike, walk, and be physically active for youth and all ages. If you have any questions you can contact Scot Michelson at 563-920-3944 or by e-mail at [scot.michelson@dnr.iowa.gov](mailto:scot.michelson@dnr.iowa.gov).

Sincerely,

Scot Michelson, Active Living Team Leader,  
Northeast Iowa Food & Fitness Initiative