



**County Teams
April 2010
Participant Version**

NE Iowa F&F Initiative's Working VISION:

Northeast Iowa is a unique place where all residents & guests experience, celebrate and promote healthy locally grown food with abundant opportunities for physical activity and play EVERY DAY. Healthier people make stronger families and vibrant communities.

Welcome & Introduction Activity:

- *Introduce yourself and describe your interest/role in creating healthier communities...*

Summary of Program and Discussion:

- National Conversations
 - Health Care Reform
 - Michelle Obama's Let Move Campaign <http://www.letsmove.gov/>
- State Conversations
 - County Health Rankings
 - County Needs Assessments due 2/2011
- Regional Conversations
 - Health Messages and FFI
 - Community Wellness Grant
- County Conversations
 - School Wellness Policy Committees
 - County Team Events
- Discussion
 - Question: How can you spread the word in your daily work? What tools would be helpful? We will record the ideas. We need to see the connection between FFI and Community Health - the importance of healthy lifestyles and health risk.

FFI March Update – Work Group Updates

School Pilot Updates –

- Safe Routes to School - How can you become involved in promoting walkable-bikeable communities?
- Farm to School – How are you supporting or promoting Farm to School in your community?

Mini-grants – Review requests – Discuss ways to support FFI in county

Review: Role of County Teams in Implementation

- **Community Engagement around the FFI Vision**
- **Advocacy for Policy and System Change**
- **Participatory Evaluation**

Individual County Updates/Agenda Items:

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Action Items:

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Next County Planning Team Event; June Farm Tours:

Date: *The date of your next County Team Meeting; June _____*

Agenda Items:

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Meeting Reflection:

What went well at the meeting?

How might we improve the process for the next meeting?

**Thank you for your participation in the
NE Iowa Food & Fitness Initiative!!!**

For more information and updates please visit: www.iowafoodandfitness.org